

Julie M. LaCubbert

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EDUCATION

- GRADUATE: University of South Carolina, Columbia, SC; PhD in Counselor Education, 2012.
- GRADUATE: University of South Carolina, Columbia, SC; Educational Specialist; Marriage and Family Counseling, 2006.
- GRADUATE: University of South Carolina, Columbia, SC; Master of Arts in Teaching; Elementary Education, 2003.
- UNDERGRADUATE: University of South Carolina, Columbia, SC; Bachelor of Arts, Psychology, 2002.

LICENSES

- Marriage and Family Therapist, SC license #4517
- Marriage and Family Therapy Supervisor SC License #4577

PROFESSIONAL EXPERIENCE

- Core Counseling Faculty, Webster University Charleston, SC, 2017-2018.
- Adjunct Professor, Webster University Columbia, SC, 2015-2017.
- Martin Psychiatric Services, PC, private counseling practice, families, couples, and individual therapy, Columbia, SC, 2007-present.
- Family/School Intervention Services, Intervention specialist, individual therapy for caseload of students at their respective high schools and family counseling in the evenings, Richland School District Two, Columbia, SC, 2007-2010.
- St. Peter's Catholic School, sixth grade teacher, Columbia, SC, 2003-2004.

- Mental Health Technician, USAF, co-facilitates group psychotherapy and conducts patient education classes, maintained communication with referral sources for admission to treatment facility, initial assessment of all newly admitted dually diagnosed psychiatric patients, Department of Mental Health, 89th MDOS, Andrews AFB, MD, 1996-2000.

PROFESSIONAL DEVELOPMENT

- Southeastern Association of Counselor Education and Supervision regional conference: October 12-14, 2018, Myrtle Beach, SC.
- South Carolina Counseling Association: Beacons of Light—Empowering Resilience in a Changing World: February 22-24, 2018, Hilton Head, SC.
- The American Association of Marriage and Family Therapy national conference: October 5-8, 2017, Atlanta, GA.
- South Carolina Counseling Association: Bridges to Empowerment: February 23-25, 2017, Wild Dunes, Charleston, SC.
- SCAMFT Regional Conference: Emotionally Focused Therapy, Danielle Allen, EdS, LMFT, LPCS, October 28, 2016, Columbia SC.
- Southeastern Association of Counselor Education and Supervision regional conference: October 6-9, 2016, New Orleans, LA.
- AAMFT Approved Supervisor Refresher Course, September 14, 2016, Indianapolis, IN.
- The American Association of Marriage and Family Therapy national conference: September 14-18, 2016, Indianapolis, IN.
- South Carolina Counseling Association: SCCA Supporting, Educating, and Advocating for All Counselors: February 24-26, 2016, Hilton Head, SC.
- 10th Annual USC Counseling Conference: February 6, 2016, Columbia, SC.
- Healthy Homes Conference: The Five Love Languages and When Sorry Isn't Enough, Gary Chapman, PhD., November 12, 2015, Columbia SC.
- Association for Counselor Education and Supervision national conference: October 8-10, 2015, Philadelphia, PA.

- The American Association of Marriage and Family Therapy national conference: September 3-6, 2015, Austin, TX.
- The Hearth Center for Eating Disorders: The Pros and Cons of Using Recovered Therapists in the Treatment of Eating Disorders, Amy Gerberry, MA, LPC: August 4, 2015, Columbia, SC.
- The Hearth Center for Eating Disorders: The Role of Art Therapy in the Treatment of Eating Disorders, Becca Ogilive, MA, ATR-BC: June 2, 2015, Columbia, SC.
- The Hearth Center for Eating Disorders: The Role of Family in the Treatment of Eating Disorders, Gloria Terziyska, Ed.S., LMFT: May 5, 2015, Columbia, SC.
- The Hearth Center for Eating Disorders: Evidence Based Treatment of Bulimia Nervosa, Timothy Brewerton, MD: April 7, 2015, Columbia, SC.
- South Carolina Counseling Association: South Carolina Counselors Lighting the Way: February 26-28, 2015, Hilton Head, SC, Columbia, SC.
- 9th Annual USC Counseling Conference: Intentional Counseling: Using Best Practices for Better Outcomes: January 31, 2015, Columbia, SC.
- Southeastern Association of Counselor Education and Supervision regional conference: October 9-11, 2014, Birmingham, AL.
- Cross-Cultural Counseling and Education Conference for Research, Action, and Change: February 7-8, 2014, Savannah, GA.
- Handicapped to Handicapable: The Self of the Therapist, Lars Brok, M.D. and Russell Haber, Ph.D., July 7-12, 2013, Le Pointreau, France.
- Bridging the Couple Chasm Gottman Couples Therapy: A New Research Based Approach, June 15-16, 2013, Washington D.C.
- Marriage and Family Counselor Alumni Networking Conference: Developmental Dilemmas, March 15, 2013, Columbia, SC.
- Southeastern Conference on Cross-Cultural Issues in Counseling and Education: February 15-16, 2013, Privilege, Identity and Cross-Cultural Diversity, Savannah, GA

- Southeastern Association of Counselor Education and Supervision regional conference: September 27-30, 2012, Nashville, TN.
- Fourth Virtual Counselor Conference, September 13-15, 2012.
- Southern Conference on Cross-Cultural Issues in Counseling and Education: February 10-11, 2012, Privilege, Identity and Cross-Cultural Diversity, Savannah, GA
- Association for Counselor Education and Supervision national conference: October 26-30, 2011, Nashville, TN
- Accademie de Psicoterapia della Famiglia, Rome, Italy; December 13-18, 2010, Maurizio Andolfi, M.D.
- Southeastern Association of Counselor Education and Supervision conference: October 29-30, 2010, Learning From our Past and Shaping our Future, Williamsburg, VA
- CME training: April 21 & 24, 2010, Eco-systemic Experiential Family Therapy with Adolescents, John Benda, MSW, Richland School District Two in-service training, Columbia, SC.
- South Carolina Association for Marriage and Family Therapists conferences:
 - o June 15-17, 2018, Emotionally Focused Therapy & the Forgiveness Model: Healing Bonds Shattered by Infidelity and Other Betrayals, Lorrie Brubacher, LMFT.
 - o March 11, 2017, Navigating Technology in the Therapy Room: Internet Infidelity, Jaclyn Cravens Pickens, PhD, LMFTA.
 - o March 10, 2017, Working with Today's Technology Connected Children, Jaclyn Cravens Pickens, PhD, LMFTA.
 - o May 21, 2016, Grits 'n Bok Choy: Family History and the Immigration Story, Harriet Cannon, MC, LMFT, LMHC and Rhoda Berlin, MS, LMFT
 - o May 20, 2016, Speaking Down Barriers, Dominique Chukum PhD, LMFT
 - o May 20, 2016, Multicultural Issues in Supervision, Harriet Cannon, MC, LMFT, LMHC and Rhoda Berlin, MS, LMFT
 - o November 7, 2015, Divorce and Step-Family Dynamics, Kristine Natterstad, MMFT, LMFT

- o November 7, 2015, Partnering with Teen Parents, Tina Gaudiano, MA
- o November 7, 2015, Family Based and Meal Support Therapy for Individuals and Their Loved Ones Suffering from an Eating Disorder, Gloria Terziyska, Ed.S., LMFT & Deb Iovoli, MS, RDN, CSSD, LD
- o November 6, 2015, Couples Therapy: A Solution-Focused Approach, Kelly Kennedy, Ph.D., LMFT & Amanda Szarzynski, Ph.D., LMFT-I
- o November 6, 2015, Emerging All-in-One Practice Software, Kellie Buckner, Ed.S., LMFT & Elizabeth Martin, MA, LMFT
- o November 6, 2015, Helping the Hurting: Therapeutic Approaches to Chronic Pain, Kenneth Phelps, Ph.D., LMFT
- o April 26, 2014, Integrating Spirituality in Clinical Practice: Addressing the Spiritual Dimension in Suffering, Healing, & Resilience, Froma Walsh, Ph.D., MSW
- o April 25, 2014, Ethics and Supervision: Tarasoff Forty Years Later, Jack Shortridge, Ed.D. and Barbara Shortridge, Ph.D., MSW
- o November 14, 2013, Supervision and Professional Ethics, Sallie Campbell, MSW, LISW-CP/AP, LMFTS, LPCS
- o November 14, 2013, Science & Soul in Psychotherapy, Vince Ward, Ph.D., LMFT, LMFTS & Jane Hart Lewis, LPC, LPCS, NCC
- o November 15, 2013, Introduction to Neuro-Linguistic Programming, Ginger Culbertson, LMFT, LISW-CP, LPCS
- o November 15, 2013, Introduction to Mindfulness, Charlton Hall, MMFT, LMFT
- o May 16-18, 2013, Coming Out, Coming Home: Helping a Family Adjust to a Gay or Lesbian Child, Michael LaSala, Ph.D., LCSW
- o November 9-10, 2012, Emotional Intelligence for Couples, John Lee.
- o November 9, 2012, Professional Ethics Workshop, Sallie Campbell, MSW, LSMFT
- o June 1-2, 2012, Filling Holes-in-Roles of the Past, Psychomotor Therapy, Al Pessa, Ph.D.

- o May 31, 2012, Supervision workshop using Psychomotor Therapy, Al Pessa, Ph.D.
 - o November 4-5, 2011, Working with African American Families, Nancy Boyd-Franklin, Ph.D.
 - o November 4, 2011, Supervision Workshop: School Behavior Problems, Karen Cooper-Haber, Ph.D.
 - o June 3-4, 2011, Healing Long-Standing Trauma and the Processes of Change, Maurizio Andolfi, M.D.
 - o June 2, 2011, Supervision Workshop: Self of the Therapist, Maurizio Andolfi, M.D. & Culture and Family Therapy: Systemic Exploration and Intervention, Lorena Cavalieri, Ph.D., MFT
 - o March 26, 2011, Style, Substance & Supervision: Evolution of Family Therapy, Salvador Minuchin, M.D.
 - o November 12-13, 2010, Jungian Analysis & Psychotherapy, Laura Dodson, Ph.D., MSW.
 - o June 6, 2010, Initiating and Maintaining a Professional Peer Supervision Group, Sallie Campbell, LISW-CP/AP, LMFT-S, LPC-S, DCSW.
 - o June 4-5, 2010, What Works in Therapy, Scott D. Miller, Ph.D.
 - o June 5-6, 2009, A Collaborative Strengths-Based Brief Family Therapy Approach, Matthew Selekman, MSW, LCSW
 - o May 29-June 1, 2008, Families in Later Life: Issues, Challenges and Therapeutic Responses, Dorothy Becvar, Ph.D.
 - o November 2-3, 2007, Pragmatic-Experiential Therapy for Couples, Brent Atkinson, Ph.D.
 - o June 1-2, 2007, Emotionally Focused Therapy for Individuals, Couples, and Families, Sue Johnson, Ph.D.
 - o June 2-3, 2006, Solution-Focused Therapy, Bill O'Hanlon, MS.
- American Association for Marriage and Family Therapists Supervision training: March 3-8, 2009, Asheville, NC.

- AAMFT Summer Institutes: Affairs: Addressing Reactions, Realities and Resolution, Emily M. Brown, LCSW, July 23-26, 2007, South Dakota.
- Mental Health Technician School, mental health assessment and treatment skills training, specialized alcohol and drug rehabilitation education, Sheppard AFB, TX, 1996-1997.

RESEARCH EXPERIENCE

- Professional research: couples experiencing online infidelity, 2013-2015
- Dissertation Research: May-June 2012
- Data collection for Intervention Services program; 2006-2010.
- Research assistant at USC; Department of Psychology; conducting interviews and exploring Adult Attachment Styles; 2001-2002.

TEACHING AND SUPERVISION EXPERIENCES

Courses Taught

- Core Faculty: Spring 2 2018, Social and Cultural Foundations, Webster University Charleston campus.
- Core Faculty: Spring 1 2018, Techniques of Counseling, Webster University Charleston campus.
- Core Faculty: Fall 2 2017, Practicum, Webster University Charleston campus.
- Core Faculty: Fall 2 2017, Social and Cultural Foundations, Webster University Charleston campus.
- Adjunct Professor: Fall 1 2017, Practicum, Webster University Charleston campus.
- Adjunct Professor: Fall 1 2017, Conjoint Counseling, Webster University Columbia campus.
- Adjunct Professor: Spring 2 2017, Family Systems Theory, Webster University Columbia campus.
- Adjunct Professor: Spring 1 2017, Conjoint Counseling, Webster University Columbia campus.
- Adjunct Professor: Fall 2016, Family Systems Theory, Webster University Columbia campus.
- Adjunct Professor: Spring 2016, Family Systems Theory, Webster University Columbia campus.
- Adjunct Professor: Fall 2015, Family Systems Theory, Webster University Columbia campus.
- Adjunct Professor: Summer 2015, Family Systems Theory, Webster University Columbia campus.

- Instructor: Spring 2012 Semester, Leaders in Counseling Education, Epworth Children's Home.
- Instructor: Fall 2011 Semester, Leaders in Counseling Education, Epworth Children's Home.
- Instructor: Spring 2011 Semester, Communication Skills in Counseling, USC Department of Counselor Education.
- Instructor: Fall 2010 Semester, Communication Skills in Counseling, USC Department of Counselor Education.
- Co-Instructor: Summer I 2010 Semester, Introduction to Counseling, USC Department of Counselor Education.
- Family Solutions Program psycho-educational family groups: 10 week sessions, Intervention Services, 2006 and 2007.
- Full time elementary school teacher, St. Peter's Catholic School, Sixth Grade, 2003-2004.

Guest Lectures

- CME Presenter, May 5, 2016 presenting Building and Maintaining a Private Practice, Pfeiffer University, Raleigh Campus.
- Guest Presenter, July 24, 2012 teaching Marriage and Family Therapist as a Consultant, Counselor as Consultant, USC Department of Counselor Education.
- Guest Presenter, June 19, 2012 teaching Marriage and Family Therapy, Introduction to Counseling, USC Department of Counselor Education.
- Guest Presenter: June 22, 2011 teaching Marriage and Family Therapy, Introduction to Counseling, USC Department of Counselor Education.
- Guest Presenter: November 22, 2010 teaching Multicultural questioning, Cross-Cultural Counseling, USC Department of Counselor Education.
- Guest Co-Lecturer: November 22, 2010 teaching Classism and Poverty, Advanced Transcultural, USC Department of Counselor Education.
- Guest Lecturer: October 19, 2010 teaching Counseling African American families, Advanced Transcultural, USC Department of Counselor Education.
- Guest lecturer: November 11, 2009 teaching Systemic theories, Advanced Counseling Theory, USC Department of Counselor Education.
- Guest lecturer: September 9, 2009 teaching Psychodynamic theories, Advanced Counseling Theory, USC Department of Counselor Education.

Supervision

- Private supervisor for MFT Interns, March 2016-present.
- Private supervisor for doctoral students, 2014-2015.
- AAMFT Approved Supervisor Designation, 2014.
- Private supervisor for 3 MFT-Interns, August 2012-January 2014.

- Co-Supervisor: Spring 2011 Semester, Epworth Children's Home, USC Department of Counselor Education.
- Co-Instructor: Fall 2010 Semester, Practicum in Marriage, Couples, and Family Counseling, USC Department of Counselor Education.

PRESENTATIONS

- Dine and Develop Free Mental Health Lecture Series at Palmetto Summerville Behavioral Health Center, June 9, 2017, "The Importance of Family Therapy for Youth and Young Adult Clients."
- South Carolina Counseling Association Conference, February 27, 2015, "Counselors' Perception of Internet Infidelity."
- Southern Association for Counselor Education and Supervision Conference, September 29, 2012, "An Explorative Study: Family Therapy Working Alliance with Differences of Race/ Social Class."
- Fourth Virtual Counselor Conference, September 13, 2012, "A Therapist's Experience in Multicultural Family Therapy."
- Chi Sigma Iota USC Counselor Education Conference, February 18, 2012, "A Narrative Inquiry of the Perceptions of Working Class African American Families of the Working Alliance with Middle Class Caucasian Family Therapists", Columbia, SC.
- Association for Counselor Education and Supervision, October 30, 2011, "Developing an identity as a researcher: Surviving the first three chapters", Nashville, TN.
- Southeastern Conference on Cross-Cultural Issues in Counseling and Education, February 11, 2011, "Pedagogy and Diversity Training: Ending Seat of the Pants Strategy", Savannah, GA.
- Chi Sigma Iota USC Counselor Education Conference, February 27, 2010, "Ethical Dilemmas Present when working with Adolescents", Columbia, SC.
- South Carolina School Counseling Association Conference, November 1, 2009, "Using School/Family Partnerships as an Alternative to Drop Out Prevention", Columbia, SC.

- South Carolina Counseling Association Conference, February 6, 2009, “Engaging Families and the Community as an Alternative to Expulsion: Innovative Approach to Drop Out Prevention.” Myrtle Beach, SC.
- National Youth-at-Risk Conference, March 4, 2008, “Thinking Outside of the Box: Families as Resources in Reducing the Expulsion.” Savannah, GA.

PROFESSIONAL MEMBERSHIPS

- ACES/SACES: 2010 to present
- SCCA: 2008 to present
- AAMFT: 2006 to present
- ACA: 2005 to present

PROFESSIONAL PARTICIPATION

PUBLICATIONS:

- Martin, J. M. (2016). Coming out, coming home: An interview of Michael LaSala, PhD. *The Family Journal*, 24, 304-311.
- Martin, J. M. (2016). Supervision, Approved Supervisor in MFT in *The SAGE Encyclopedia of Marriage, Family, and Couples Counseling*.
- Martin, J. M. (2016). Positive and Negative Feedback in *The SAGE Encyclopedia of Marriage, Family, and Couples Counseling*.
- Martin, J. M. (2016). Attachment and Romantic Love in *The SAGE Encyclopedia of Marriage, Family, and Couples Counseling*.
- Martin, J. M. (2015). The flying boy achieves emotional intelligence: An interview with John Lee. *The Family Journal*, 23, 90-96.
- Martin, J. M. (2012). Social Class and the Family in *Social class and the helping professions: A clinician’s guide to navigating the landscape of class in America*, (pp. 137-150). New York, NY: Routledge.

PROFESSIONAL SERVICE

- Participated in CACREP recertification review of USC program, April 29, 2014.
- SCAMFT Board Member, 2010-present.

- Interviewed new doctoral applicants, February 17, 2012, University of South Carolina, Counselor Education Program.
- Interviewed Faculty applicants, January 25 & February 1, 2012, University of South Carolina, Counselor Education Program.
- Interviewed new doctoral applicants, February 26, 2010, University of South Carolina, Counselor Education Program.

AWARDS AND SPECIAL RECOGNITION

- AAMFT Approved Supervisor Designation, 2014.
- Richland School District Two Intervention Team awarded for services to families by SC Department of Education, 2009.
- U.S. Air Force, Senior Mental Health Technician, E-4, Honorable Discharge, 2000.
- U.S. Air Force, Recognition letters for exemplary performance in care of a suicidal patient, and management of the Intake Office, 1999.
- U.S. Air Force, E-4 promotion Below the Zone (6 mos. early), 1998.